

*Clerk stamps date here when form is filed.*

For use by Court Order Therapist

**The Court orders the following counseling.**

**Individual counseling with a court-ordered therapist for**

- Parent \_\_\_\_\_
- Parent \_\_\_\_\_
- Guardian \_\_\_\_\_
- Minor(s) \_\_\_\_\_

**Superior Court of California, County of Sonoma**

**Case Number:**

- Co-parent counseling began on \_\_\_\_\_
- The parties are using the high-conflict model with each having their own therapist.

**The Court identified outcomes:**

- Improving parenting skills which may include setting up proper boundaries, discipline, parentification, emotional regulation, and keeping children out of conflict.
- Improving the relationship between parent/child
- Addressing resist and refuse dynamics.
- Improving the communications between the parents
- General therapeutic intervention for all mental health issues
- More effectively managing of the emotional disruption and difficulty of divorce, separation or separate households or managing anxiety.
- Other \_\_\_\_\_

**THERAPEUTIC INTERVENTION REPORT**

The court defined outcomes appear achievable in the allotted time.

The court defined outcomes do not appear achievable in the allotted time.

The following are regularly attending their appointments.

Parent 1	Parent 2	Guardian
Other		
Parent 1	Parent 2	Guardian
Other		

**THERAPEUTIC REPORT INFORMATION**

**Case Number:**

**Court Ordered Therapy Report**

California Code, Family Code – FAM § 3190

Suppose the Family Court determines that there is a significant risk to a child's best interests and that therapeutic treatment would also benefit the child, makes the appropriate finding and specified reasons.

In that case, the Court may require parents or any other party involved in a custody or visitation dispute, and the minor child, to participate in outpatient counseling with a licensed mental health professional.

The Court considers any therapist providing therapy because the Court ordered therapeutic intervention a Court-Ordered Therapist. The Court expects Court-Ordered Therapists to provide the Court with requested information consistent with Cal. Civ. Code § 56.11

In general, the Court must be informed of the level of compliance with its orders displayed by those ordered to obtain therapeutic intervention and of the likely effectiveness of the therapeutic intervention in lessening or diminishing the identified risk factors determined by the Court to be detrimental to the best interest of the minors.

The Court occasionally requires additional information via a Tier II referral to Family Court Services. In that case, a Court-connected Child Custody Recommending Counsellor will request the information directly from the mental health professional.

The FL 097 Therapeutic Report Form is designed as a option to streamline the communication process for mental health professionals. The form is not mandatory and mental health professional can choose to submit a report to the court or request a consultation with Family Court Services.